



SAN GABRIEL
ORAL & MAXILLOFACIAL
SURGERY ASSOCIATES, P.A.

INSTRUCTIONS FOR INTRAVENOUS SEDATION OR GENERAL ANESTHESIA

1. The night before surgery, eat a light and easily digestible meal. **DO NOT** consume alcoholic beverages and make sure that you get a good night's sleep.
2. **DO NOT** eat, drink, or smoke anything **6 hours prior** to your appointment. NO FOOD, NO SMOKING AND NO LIQUIDS (except for necessary pre-medications). This does include water and candy/gum.
3. Your mouth and teeth should be well cleaned to avoid infection. While rinsing your mouth, avoid swallowing the water.
4. A driver must be present **AT ALL TIMES** during your surgery. You **MUST** not drive an automobile until completely recovered from anesthesia, this may take 24 hours.
5. If you are currently taking **ANY** medications, including weight loss medication, please inform the Doctor of the medication you are taking **BEFORE** your scheduled surgery date.
6. Clothing requirements: Males should wear a short-sleeved shirt. Females, please wear a short-sleeved blouse and closed toe shoes. Shoes should be flat, not high heels. No jewelry. No nail polishes. No shorts.
7. If you will be unable to make your appointment, please place a call to our office 72 hours in advance. Otherwise, a \$100 charge will be enforced.

NOTE: Please *call the office if symptoms of a head or chest cold, or any changes in your health arise. Changing your appointment may be necessary.*

I acknowledge the receipt of and understand the instructions for Intravenous Sedation or General Anesthesia.

Patient Acknowledgement Signature

Date

Time

Oral Surgery Appointment: _____

Date

Time